

ABSTRACT OF THE DISCLOSURE

5 Compositions and methods of using conjugated
linoleic acid preparations enriched for the t10,c12 and
c9,t11 isomers are disclosed. It is found that
preparations of conjugated linoleic acid containing a
ratio of t10,c12 to c9,t11 of about greater than 1.2:1
are desirable for a wide variety of nutritional,
therapeutic and pharmacologic uses.

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